

## Daily Health Screenings

In order to reduce the risk of spreading COVID-19, we ask that all mission trip participants screen themselves for symptoms before, during, and after their mission trip.

Health screening:

1. Do you have any of the following new symptoms?

- cough
- shortness of breath
- loss of taste or smell
- chills
- muscle aches
- diarrhea, vomiting, abdominal pain
- sore throat
- congestion or runny nose
- fatigue
- headache

2. Do you have a fever higher than 100.4?

yes

no

Why do daily health screenings?

**Before:** COVID-19 symptoms can appear 2–14 days after exposure. We ask that all trip participants perform daily health screenings for 14 days before departure. If symptoms develop during this time, contact your medical provider for direction and care, and alert your team leader.

**During:** In order to ensure the health of all trip participants, we ask that all trip participants continue to perform daily health screenings while on the trip. If symptoms develop during this time, please contact your team leader immediately. They will follow the COVID-19 response plan in order to seek medical care for you.

**After:** Because COVID-19 symptoms can develop 2–14 days after exposure, we ask that all trip participants perform daily health screenings for 14 days after their mission trip concludes. If symptoms develop during this time, contact your medical provider for direction and care, and alert your team leader. The team leader may need to notify other team members of their exposure to COVID-19, in order to protect the health of others. Team leaders will work to protect your privacy while sharing this information with those who may have been exposed.